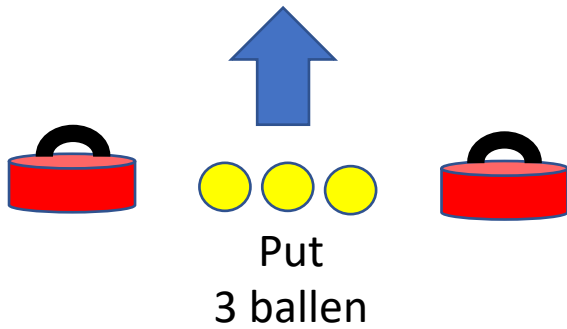
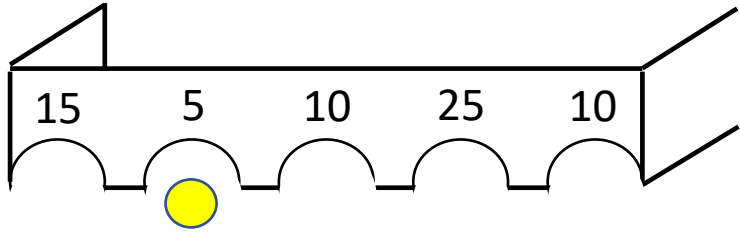


Skill oefeningen



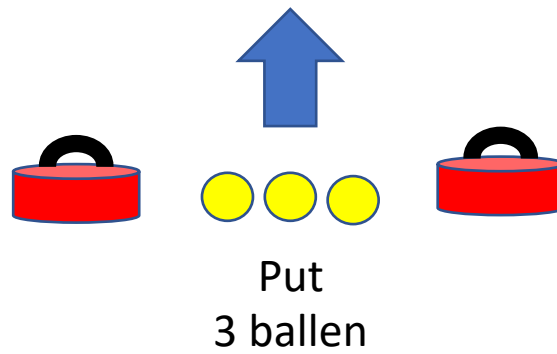
Wim Jansen MSc 2022

Muizenpoort



Ladder

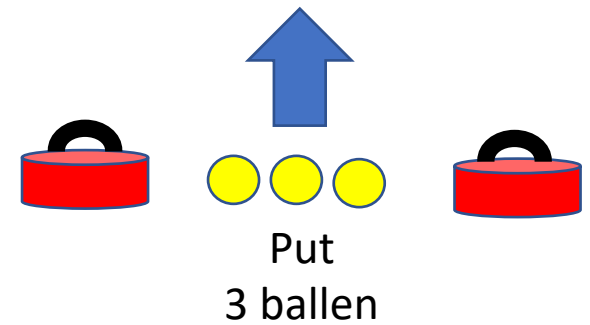
| |
|---|
| 5 |
| 4 |
| 3 |
| 2 |
| 1 |



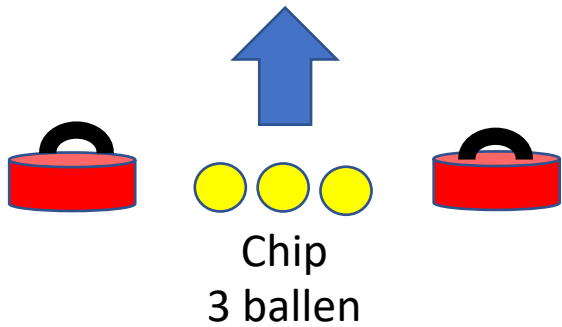
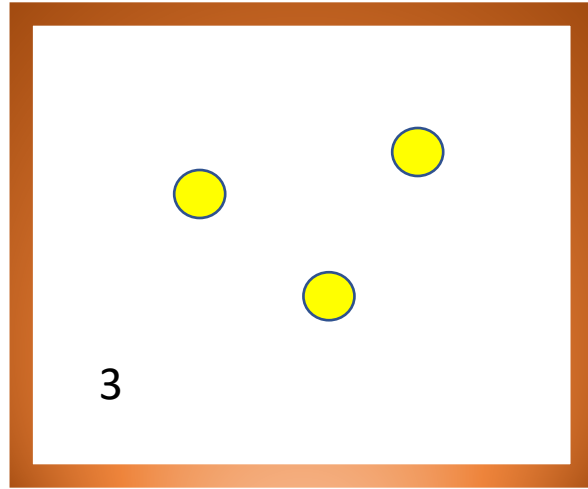
Boter, melk, kaas

| | | |
|---|--|---|
| X | | |
| | | X |
| 0 | | |

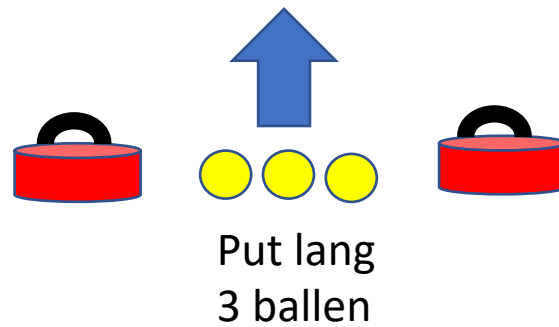
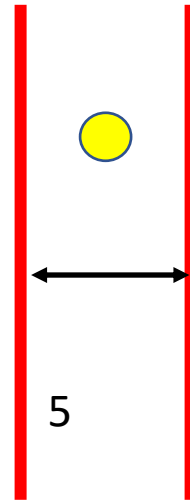
10



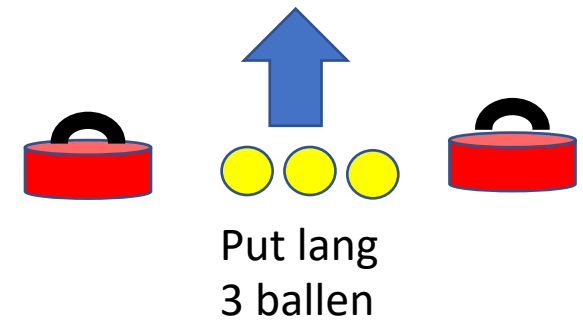
Vierkant

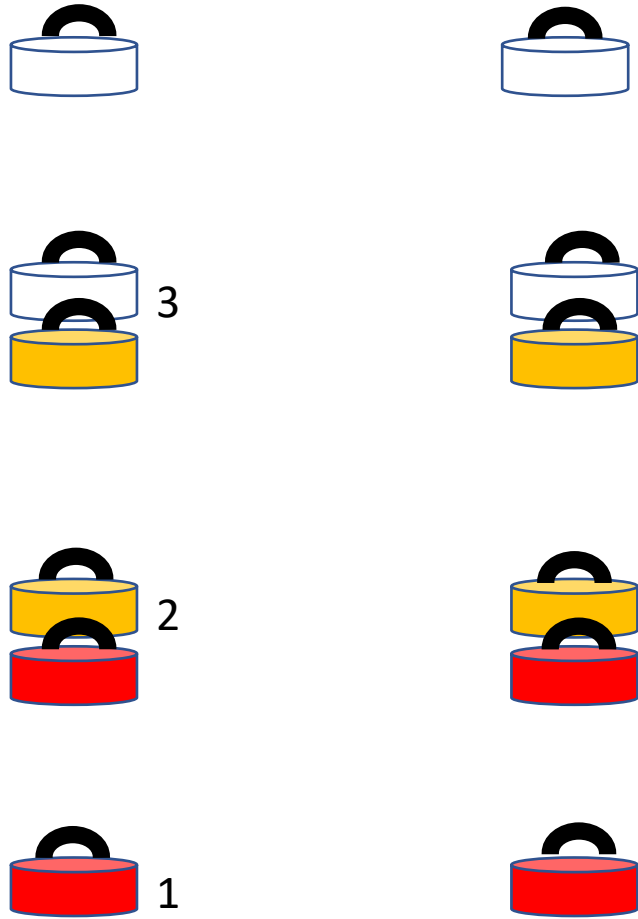



Tramrail (afstand verkleinen/vergroten)

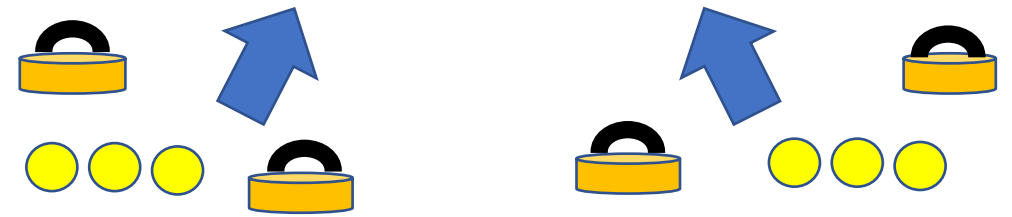
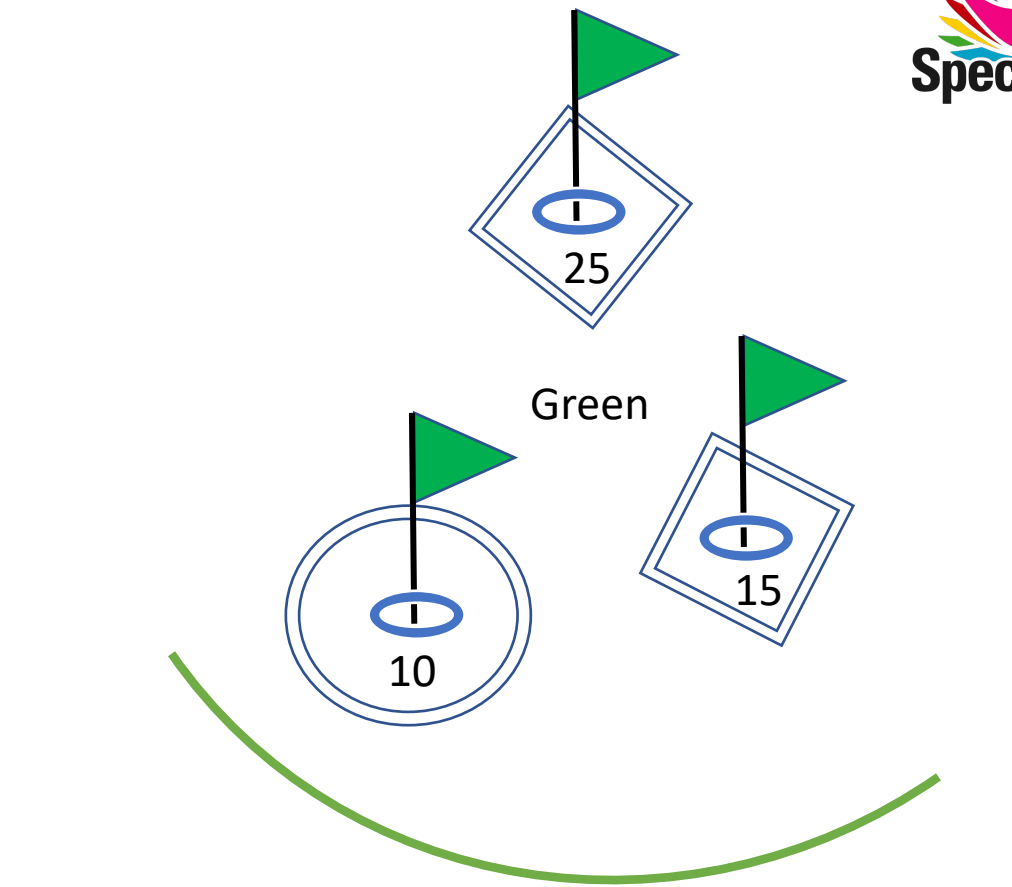


Bidons (afstand verkleinen/vergroten)



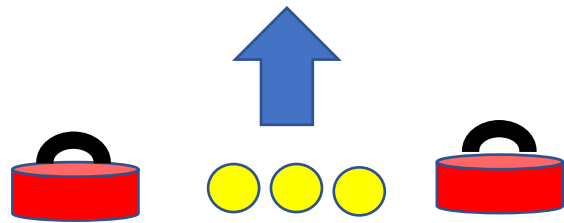
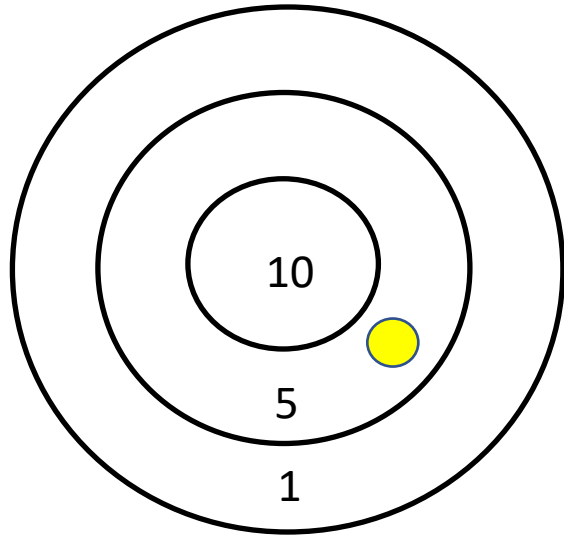



↑
Lange Put 3 ballen
In ieder vak



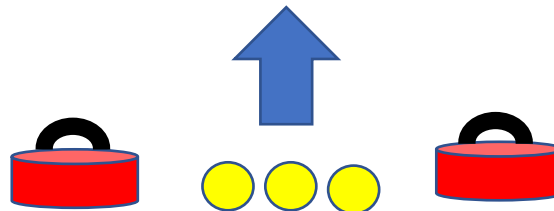
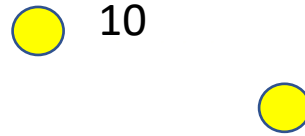
Chip 3 ballen
per gemarkeerde zone

Dart

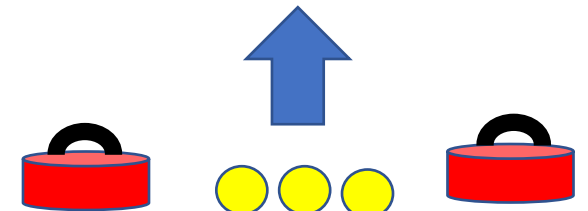
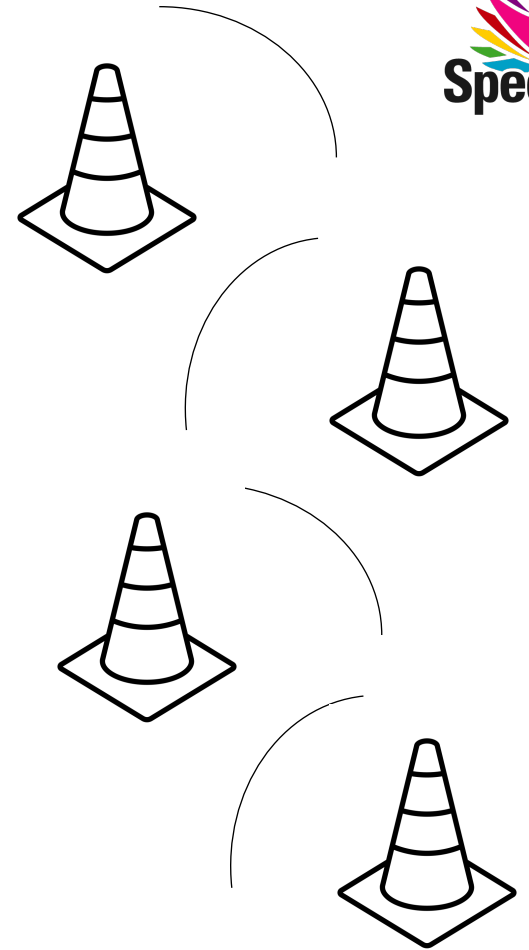


Put / chip
3 ballen

Dicht bij de balk




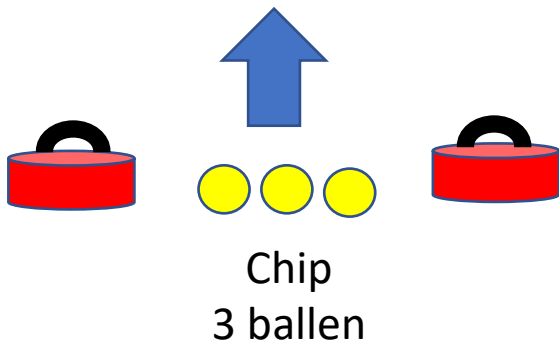
Put lang / kort
3 ballen



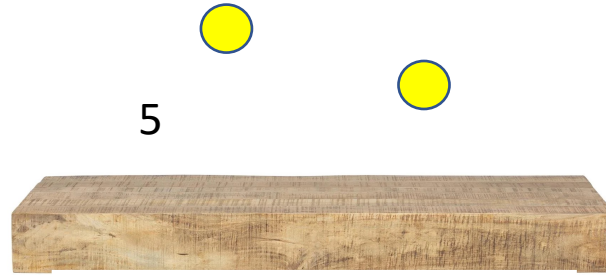
Put slalom / tijd
3 pogingen

Ladder

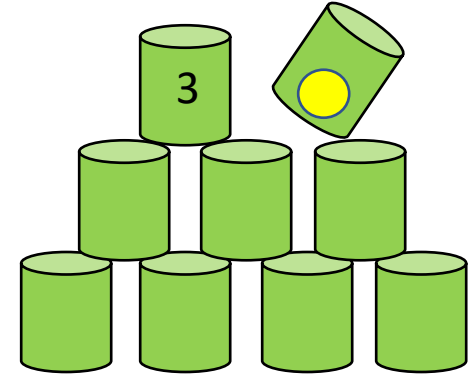
| |
|--|
| 50 |
| 30 |
| 20  |
| 10 |
| 5 |

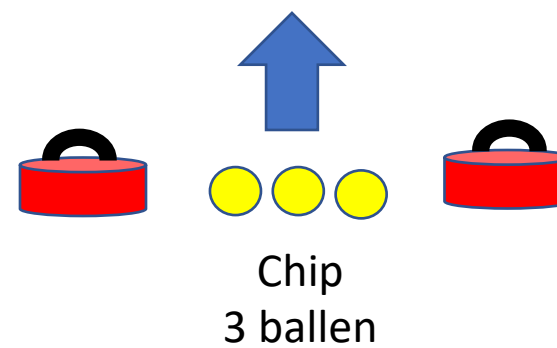
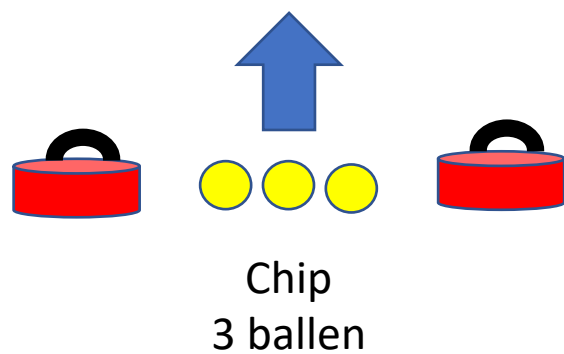
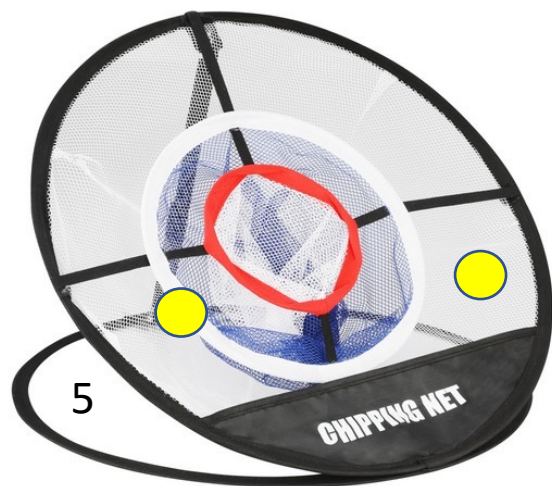


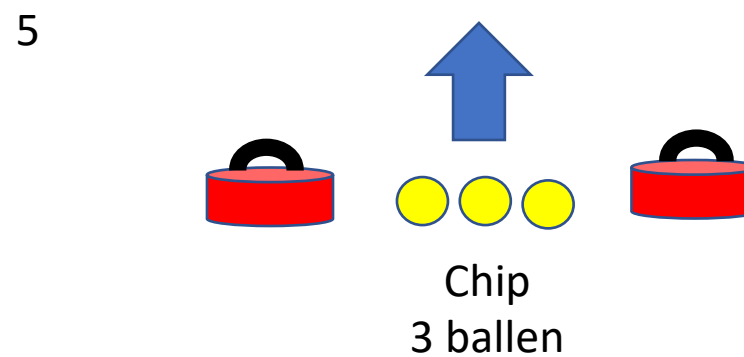
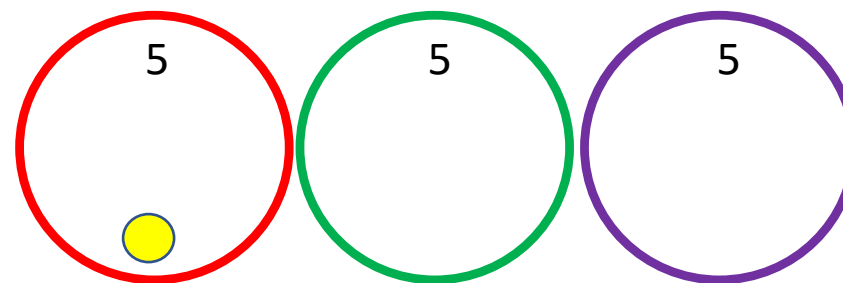
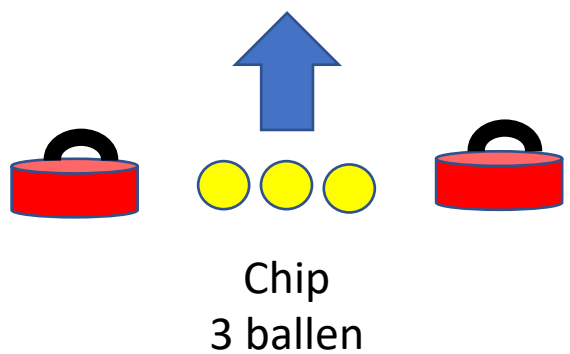
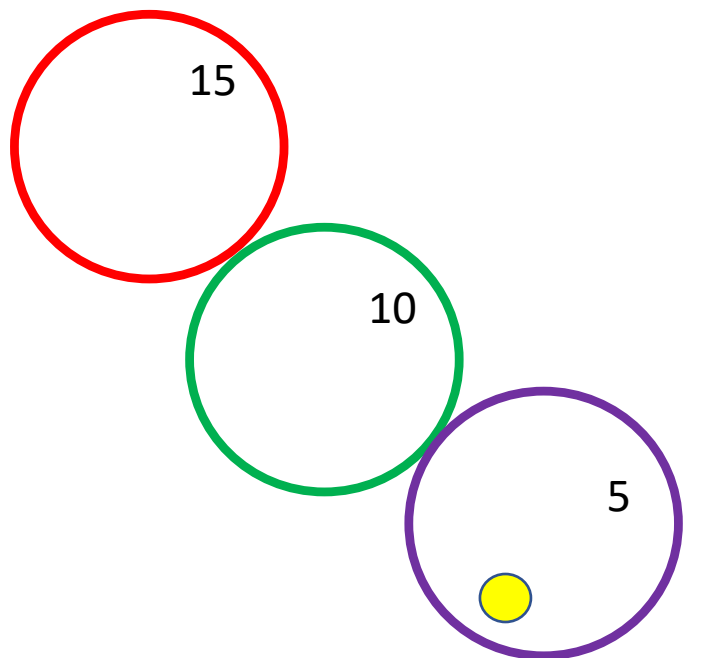
Over de balk



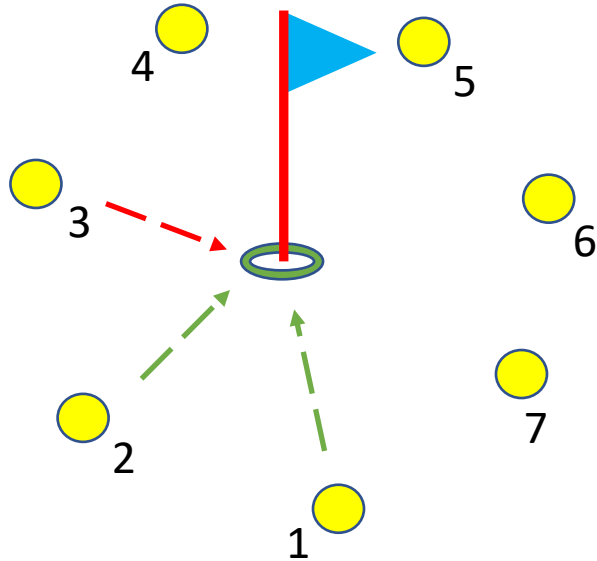
Raak de bus



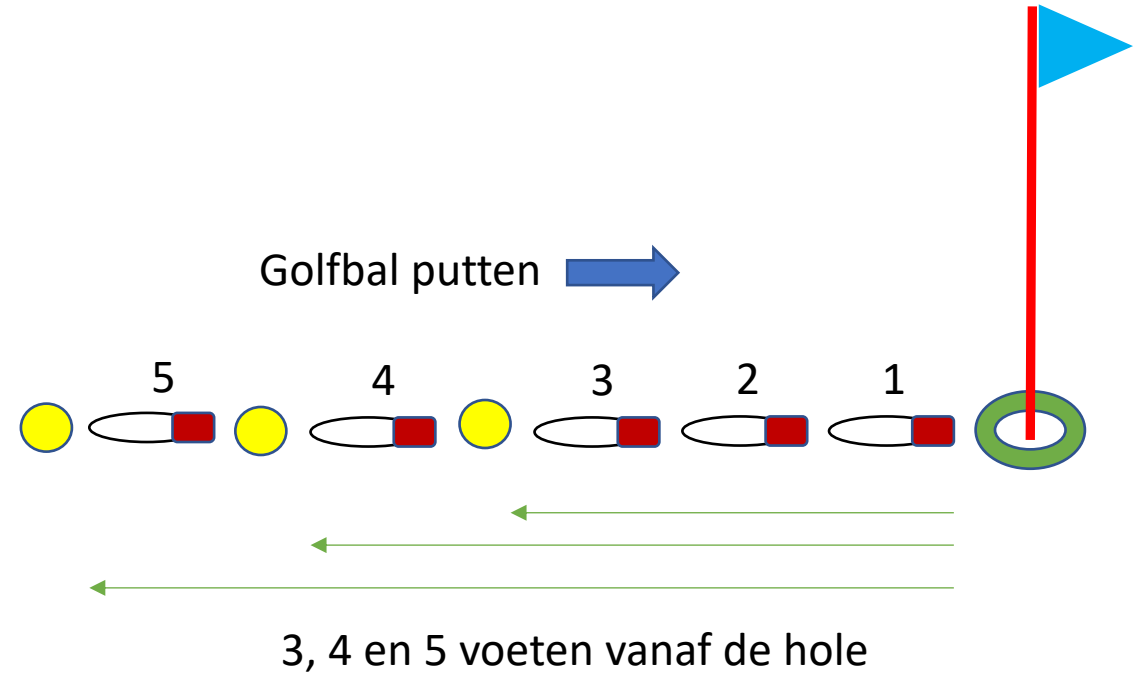




COMPETITIE

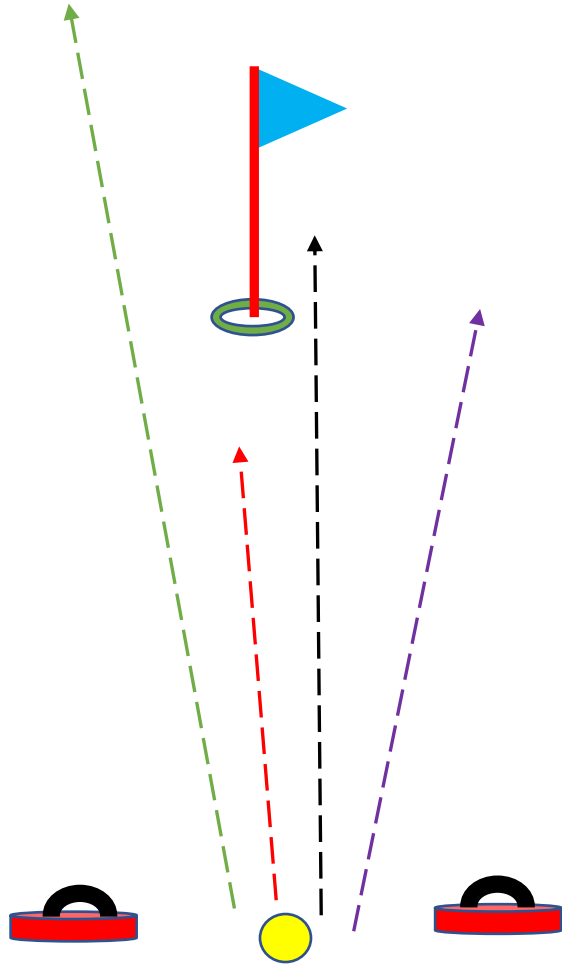


7 golfballen op stoklengte van de hole.
Putten 1 t/m 7 – bij **NIET** putten van
een golfbal opnieuw starten bij 1 enz.
Wie haalt 7 ballen!



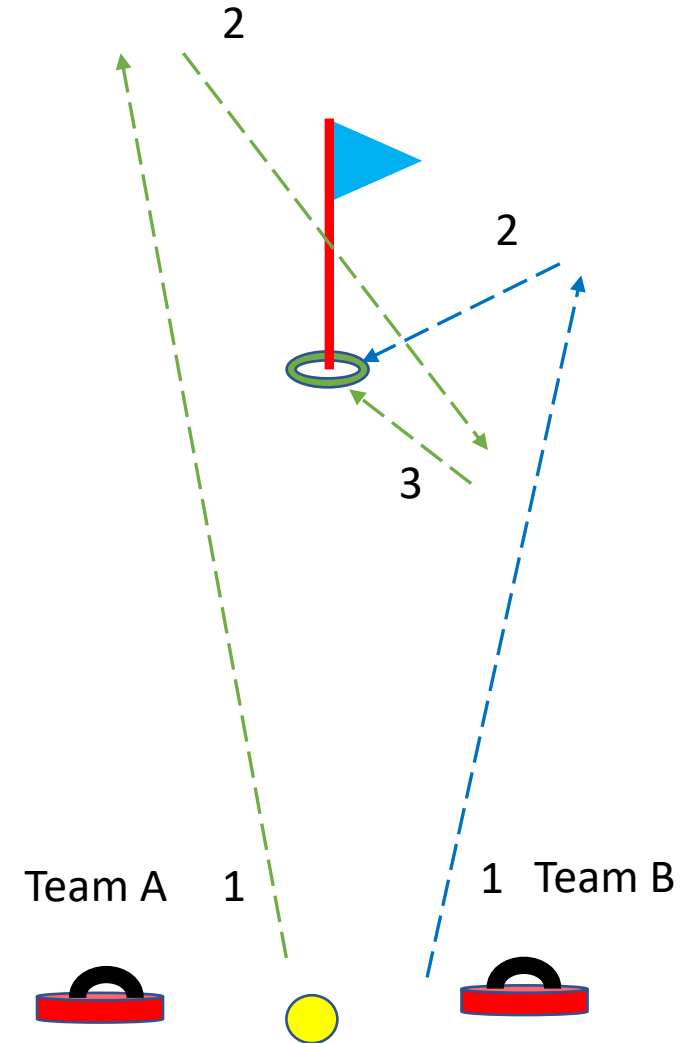
Golfbal geput, dan 4 voeten en golfbal putten, **NIET** geput
terug naar 3 voeten, **WEL** geput naar 5 voeten.
Wie haalt 5 voeten!

Afstand (b.v.) 15 meter



Alle deelnemers spelen hun eigen golfbal.
Wie ligt het dichtste bij de hole!

COMPETITIE



Welk team heeft de minste slagen
nodig om uit te hollen!

Ieder team 3 of 4 spelers en om beurten putten

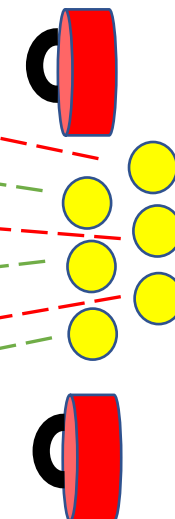
scorebord

COMPETITIE



| | | | |
|----|----|----|----|
| 3 | 11 | 9 | 6 |
| 7 | 16 | 2 | 13 |
| 14 | 5 | 15 | 8 |
| 1 | 12 | 4 | 10 |

Tot.
62
pnt.



Ieder team bestaande uit 2 spelers putten
ieder 3 golfballen.
Welk team haalt de hoogste score!